

(in fact, some studies link vitamins to a greater risk of cancer). His advice is down-to-earth. Wear comfy shoes. Move, and move often. Maintain a regular schedule. Take a breather from digital devices. The U.S. is first in health care spending, but the World Health Organization ranks it thirty-seventh in performance. Out of 30 developed countries, America is twenty-second in life expectancy. We must do better. Agus' call for "the end of illness" is premature, but you can't fault its optimism. —Tony Miksanek

The Human Body Close-Up.

By John Clancy.

2011. 320p. illus. Firefly, \$29.95 (9781554079186). 611.0022.

An astonishing assemblage of trillions of busy cells dedicated to an immense array of processes, the human body is beautiful on a microscopic level, as revealed in this mind-blowing volume of hundreds of dazzling color photographs. Derived from sophisticated imaging techniques, each concisely explained, including magnetic resonance imaging, computer tomography, and digital angiography, these pictures of nature's living lace, calligraphy, ceramics, stained glass, and tapestries are as informative as they are exquisite. Senior physiology lecturer Clancy's accompanying explanations provide a lively guide to the bones, muscles, organs, chemicals, pulses, rivers, and gardens of this elaborate and wondrously calibrated inner universe. The stunning images, some with magnifications as high as 150,000x, reveal the intricacy of the myriad interactions that enable us to breath, eat, reproduce, fight disease, feel pleasure, and invent such marvels as books, microscopes, computers, and ever-evolving medicine. The more complete our understanding of our bodies, the more

able we are to sustain health and navigate illness and injury. This striking volume greatly enhances our appreciation of and impulse to care for our phenomenal physical selves.

—Donna Seaman

YA: A fascinating visual tour of the body's interior, suitable for all teens, including the least scientifically inclined. DS.

The Journal of Best Practices: A Memoir of Marriage, Asperger Syndrome, and One Man's Quest to Be a Better Husband.

By David Finch.

Jan. 2012. 256p. Scribner, \$25 (9781439189719). 616.85.

Dave is a 30-year-old man married for five years when his wife, Kristen, diagnoses him with Asperger syndrome. The disorder occupies a place on the autism spectrum and is characterized by impaired social behavior and a deficiency of empathy. Think of television's Sheldon Cooper in *The Big Bang Theory* or Temperance Brennan in *Bones* as examples of characters with undiagnosed Asperger. Dave already suffers from attention deficit disorder (ADD) and has taken prescription medication since he was a teenager. He is egocentric and obsessive-compulsive. As a narrator, poor Dave is whiny, sulking, and always quick with an excuse. After the diagnosis of Asperger, he embarks on a two-year quest to manage his behavior, repair his marriage, and become a better father. He jots down notes to guide him along the way. Just listen. Go with the flow. Redefine perfection. Dave's wife functions as his therapist. Awareness of his syndrome gives Finch impetus to change his life. Readers get a close-up look at a peculiar illness and the ways it affects family members. —Tony Miksanek

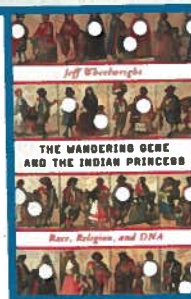
★ The Wandering Gene and the Indian Princess: Race, Religion, and DNA.

By Jeff Wheelwright.

Jan. 2012. 304p. illus. Norton, \$26.95 (9780393081916). 616.99.

The heritable cancer-causing gene BRCA1.185delAG is at the hub of distinguished science writer Wheelwright's many-spoked history of race, religion, persecution, medicine, genetics, and one grieving Hispano (Spanish and Indian) family. Beautiful and ebullient Shonnie Medina died at 28 of breast cancer, a malady rampant among her relatives.

Eight years after her death, it was discovered that the Medinas had inherited BRCA1.185delAG, a Jewish ancestral marker. Wheelwright's cogent, whorled inquiry into why the Medinas and other Latin Americans carry this mutation encompasses Jewish history, with a scientific emphasis on how events and culture shaped the Jewish genome, and a social study of the *conversos*, Jews who converted to Catholicism to save their lives during the Spanish Inquisition. Wheelwright also illuminates the history of the San Luis Valley, where Pueblos were converted by Spanish missionaries, and the Medinas left the harsh Catholicism of the *penitentes* to become Jehovah's Witnesses, a faith Wheelwright studies to understand Shonnie's fatal decision to forego medical treatment. With a novelist's gift for story and insight, an artist's appreciation for the stark beauty of the Southwest, and a passion for scientific investigation, Wheelwright addresses the thorny "ethical, legal, and social implications of genetics" and portrays a family bravely facing a tragic consequence of a long-hidden legacy. —Donna Seaman

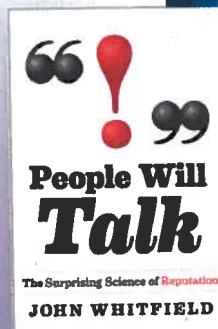


NEW AND FORTHCOMING Wiley Science



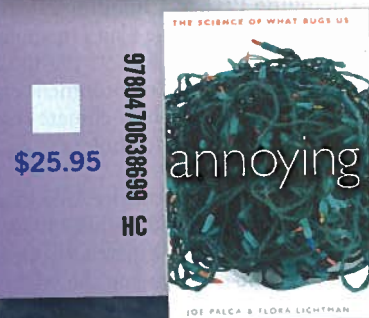
\$25.95

9781181479719
HC



\$25.95

9780470912355
HC



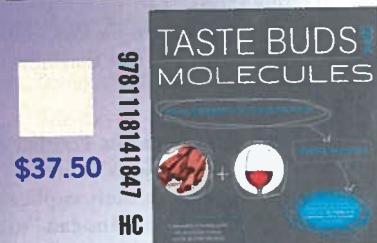
\$25.95

9780470638699
HC



\$25.95

9780470550915
HC



\$37.50

978118141847
HC

 **WILEY**
Now you know.